Cascade Bruin News

CASCADE HIGH SCHOOL NEWSLETTER

September 2019

VOLUME 3, ISSUE 1



From the Principal

Dear Cascade Families,

I'd like to briefly introduce myself and welcome you to Cascade High School. While I'm excited for what will be an excellent start to the 2019-20 school year, I hope you and your student have had a productive summer. While I am not new to Cascade, having been an assistant principal here since 2014, I am extremely excited to step into the role of principal and continue to work with such an excellent student body, staff, and overall community.

As I reflect on my time as a teacher, administrator, and parent, I think primarily about the impact we have as individuals to our larger community. I think about one of the keys of an effective team, no matter how large or complex, is that each person feels important and vital to the overall success of the team. Our focus this year is to build strong relationships in service of building a strong community as a foundation for our growth. Helen Keller's famous quote, "alone, we can do so little; together, we can do so much" feels particularly relevant to me since many of the messages our students hear every day communicate messages of division and self-interest. Our mission as a school is to prepare each student to be college, career, and citizenship ready, and I cannot think of a more natural piece of evidence than understanding and valuing your role as an individual working in service of something larger than yourself.

As a teacher, administrator, and parent, I also try to view all actions and decisions as an opportunity for growth, if we are open to it and wanting that betterment. This year I believe our goal as community is to maximize opportunities to grow, learn, and ultimately come together to ensure that our students have an environment that supports their development as people. We will focus on building strong relationships in three primary ways:

- Among the members of our community. This year, our student leaders selected a motto: Connected by the Crimson! I see this statement as something that I've grown to love about Cascade as a community, that we are often connected by more than just being at the same school, but by shared values, hopes, and goals. Our success is not just our own but what we choose to do as a community.
- Forming new connections. Many Cascade students get involved in our larger community through extracurricular activities whether it be through members of local industry, support organizations, or a variety of community groups. We are fortunate to have strong parent groups like Bruin Community Parents and Natural Leaders helping to support our students in their growth. Not only do these connections help our students learn skills that they can use in their future aspirations, they most importantly help to make our larger community more connected and functional.
- Coming together in support and celebration. One of the key elements of any effective community are the ways it comes together. Over the last five years at Cascade, I've watched annually as the community comes together in support and in celebration. Keeping that tradition of supporting one another in triumph and need is essential, and part of why Cascade is such a special place.

Micheal Takayoshi Principal

Cascade High School 801 Casino Road, Everett, WA 98203 www.everettsd.org/cascadehs

September 4
Welcome Back to CHS!

September 6
Learning Improvement Friday
September 12
Arena Day & Device Check-Out
September 13
Learning Improvement Friday
September 20
Learning Improvement Friday

September 27
Learning Improvement Friday

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Thank you for being a Bruin! In keeping with our student leaders' theme for this school year (*Connected by the Crimson*), please consider this an invitation to partner with us in creating and fostering a more connected and inclusive community. Your skills, knowledge, and positive energy are essential in continuing the tradition of Cascade in service of our young people and their progress. Welcome to the 2019-20 school year!

Sincerely,

Michael Takayoshi

Principal, Cascade High School Mtakavoshi@everettsd.org

Welcome to the New Bruin Staff!

Jazmyn Allen – EL Coordinator
Phil Brandstetter – Administrative Support
Taylor Clarke – Choir Teacher
Megan Claus – Assistant Principal
Deborah Davis – Psychologist
Jessica Gambish – Fine Arts Teacher
Yu-Chin Huang – World Language
Megan Maves-Watson – Math Teach
Megan Medsker – EL Teacher
Raisa Prendez – Para SpEd
Jennifer Rinehart – Para SpEd

Kendall Schultz – EL Teacher Douglas Shook – CTE Teacher Tara Thomas – Fine Arts Teacher Mike Washington – Assistant Principal & Athletic Director



Buy a Cascade ASB Card start saving today!



FREE events and exclusive spirit wear items!

Discounts of up to \$10 on student events, including dance tickets!

FREE entrance to all home in-seasons sporting events (\$6 per game)

\$10 discount on yearbook purchase when purchased in September

\$15 savings on a student parking pass

*ASB cards are required for participation in clubs and sports.

Your purchase supports student athletics, clubs and activities.

Only \$45!





CASCADE HIGH SCHOOL

Associated Student Body

Dear Cascade Students and Families,

Greetings on behalf of the ASB/Class Officers and Bruin Leadership students at Cascade! I would like to welcome you to the 2019-2020 school year and I'm so thrilled to serve our school with the rest of the ASB Gov panel and leadership students of Cascade. We all have new and fresh ideas to bring to the table for this year and look forward to integrating all the voices of our student body that allows every student to be heard throughout this school year!

Coming into this year, our collaborative efforts as an ASB Gov and leadership conjunction have worked on multiple seperate ways for our students to enjoy and become less anxious in the upcoming first 10 days of school. As the year progresses, we will roll out more incentives through the 5 Star App, a new way to track and incentivise student involvement, and by using this we hope to help students find new ways to be apart of the community. We plan to grow here as it may be through joining or attending events for clubs, sports, band and choir, and even through community service, and this list will be forever growing as we find new ways to integrate this app to activities that occur throughout the school year!

Every year, we believe in focusing on the thought of inclusivity, and welcoming others. With every new year means a new fresh start and this also applies to all the traditional events here at our school. With such a diverse group of students this year, we hope to use their voices to help us create new fresh ideas for our events and make them more open and including to all students. A few activities and events we hope to achieve for is: Homecoming, pep rallies and assemblies, and we also would like to change the atmosphere and layout of our lunches. Through this, we hope to have every individual student here at Cascade feel welcome and have a way to have a fair representation at this school and paving a way to have all of us unite as a single family.

Earlier last month, Bruin Leadership and ASB/Class officers attended a group retreat and came up with the theme that would reflect on the upcoming school year, "Connected by the Crimson". This theme helps portray our thoughts of the connectivity that every student holds with one another regardless of their ethnicity, religion, sexual orientation, gender identity, social status or previous background. By saying that we are "Connected by the Crimson" we are saying that regarding our differences, the colors and representation of this school is what binds us all together at the end of the day. This year, we plan on making Cascade High School a more trusting and comfortable environment, so all students can have a sense of belonging and feel strong representation here at Cascade.

I believe that this year with the help of every single student; we can make Cascade not only a school, but a community where every one of us can say we are proud to be a Bruin. Despite our differences, we are all connected by our strength through our hardships, the compassion of the things we love, and the pride we show as a school. At the end of the day, we're all "Connected by the Crimson."

Best regards, Hilton Nguyen ASB President Cascade High School



Arena Day & Device Check-Out Thursday, September 12

Arena, Picture Day and Device Check-Out, September 12th. Purchase your ASB, Yearbook, Parking Permit and pick up your 1:1 Device! All students will also have their picture taken at this time. Prices are as follows – ASB Card - \$45, Yearbook - \$60 (with current ASB), Yearbook \$70 (without current ASB), Parking \$25 (with current ASB), Parking \$40 (without current ASB). All obligations must be cleared before Arena Day (Sept. 12th) in order to purchase yearbook and/or parking permit. A parking permit form can be found at the Treasurer's office or the CHS homepage.

Class of 2020 Information!

Hi, I'm Erin Cotton, your Senior Class President and I'm looking forward to a great and final year at Cascade. I can't wait to see what this year has in store for us. Be sure to keep an eye out for those important Senior deadlines and events. Go 2020!"

Class of 2020 Timeline

Senior Sunrise

September 20th @ 6:40 am, CHS Fields

Senior Meeting

October 3rd @ 9:20, CHS Cafeteria



APES Need 2-liter Bottles



Can you help us collect clean 2-liter bottles (any color) to be used in a lab conducted in APES. If you can bring them in the first week of school. You can drop them off at the main office in a bag for Ms. Sage or have your student take them to room 504. Thank you for helping out!

Two Opportunities for Bruins



- > CHS is starting a Mock Trial competition team. Tryouts in September.
- In October there will be an informational meeting for the 2021 January Presidential Inauguration Trip NYC Philadelphia-DC.



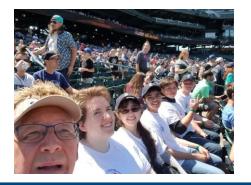
Check the daily bulletin for more information or talk with Ms. Webster in room 617



CHS Robotics Team at Mariners Game!

Cascade High School Robotics Team Otter Chaos threw out the first pitch at a Mariners game on Sunday, July 28th.







CASCADE HIGH SCHOOL

Attendance Policies

Lisa Haines, Attendance Secretary (425) 385-6004

To excuse an absence or tardy, please do one of the following as stated below.

Welcome to the 2019-20 school year. Please read the information below outlining the CHS Attendance procedures.

1) Written notes (paper) or an e-mail to chsattendance@everettsd.org are required to excuse a student's absence. You can also send a fax to (425) 385-6002 to excuse your student. Phone calls reported to the attendance line need to be followed up with a note or e-mail.

Students who are running late to class in the morning or anytime during the school day, who do not have a note excusing their tardy or absence, will go directly to class. If the student has a note from a parent/guardian or doctors note they will stop by the attendance office to receive a late pass to class. If your student needs to leave early for an appointment during the school day please send a written note and have your student drop it off to the attendance office. I will write them a pass to give to their teacher stating the time they need to leave class for the appointment and send them to the attendance office to sign out.

Students are not permitted to leave school or meet a parent in the parking lot. For safety reasons, parents/guardians on record with the school must come into the Attendance Office to sign out their students.

If a student leaves school without permission and without signing out in the Attendance Office, their absences will remain **unexcused**.

<u>Do NOT text or call your student during class to have them leave</u>. Teachers do not allow students to leave unless the Attendance Office calls to authorize it.

- 2) Students must turn in their notes to excuse previous absences, early dismissals, bus notes, written by a parent, by 10:00 a.m. in the morning. If your student forgets to turn in their absence note, they are welcomed and encouraged to bring it within the 30-day timeframe.
- 3) Notes must be turned in within 30 days after a student returns back to school, not including holidays or weekends, in order to have the absence excused. Notes turned in past the 30-day timeframe will be accepted; however, the absence is not excused and will be coded with *LN* for *late note*.



- 4) IF you receive a phone call saying your student was marked absent in a class and they say to you, "I was there," please contact the teacher directly about this discrepancy or have your students stop by the attendance office for a pink Attendance Correction Request slip. The student will need to take care of this with the teacher who marked them absent. The teacher is the only one that can give permission to change an absence that is deemed a "mistake" as they are the only one who can verify if a student was in class, in the wrong seat or tardy. The 30 day policy or before 10:00 a.m. policy does not apply for fixing these mistakes.
- 5) If your student is out of school <u>over 5 days due to illness</u>, a doctor's note is required to excuse the <u>absence</u>. Homework can be requested for students out sick over 3 days. Please be aware that we require 24 hour's notice to teachers for homework collection. You are welcome to email teachers directly to request schoolwork.
- **Pre-Arranged absence request:** If your student is going to be out of school due to vacations, surgeries, tournaments, appointments, etc., a pre-arranged absence form is required. These forms are found on-line or in the attendance office. This must be filled out by the student and signed by all teachers along with parent/guardian. The Principal will review and consider all Pre-Arranged absence requests before approval.
- 7) PLEASE know what time your student has lunch or is in a PE class. It is not possible to find your student during lunch and extremely difficult to find them during PE. If you have to pick them up during either of these times, please send a note with your student asking for them to be dismissed at a specific time. Your student will bring that note to the attendance office before school begins to pick up a pass that will allow them to meet you at the attendance office at the time specified.
- 8) Please remember that if your student missed the bus, overslept or is running late, or had car trouble, the absence will not be excused per ESD policy.
- 9) The following excuses are considered valid and acceptable per the Everett School District Attendance Policy:
 - Illness
 - Appointment
 - Funeral
 - Emergency
 - Religious Observance





Looking for Assistance?

<u>Operation School Bell</u> is a philanthropic program of the Assistance League. This program provides clothing to student who demonstrate need and attend school regularly. Operation School Bell is a non-profit program, totally run by volunteers and is not tax supported or government sponsored. The Everett School District provides transportation for the Operation School Bell field trips. Operation School Bell is by appointment only. Please contact Leslie Brent, Student Support Advocate (425-385-6017) or Debbie Mehaffey, Counseling & Discipline Secretary (425-385-6010) if you are aware of a student needing this assistance.

<u>Clothes for Kids</u> is a similar organization located in Lynnwood. This program provides clothing to student who demonstrate need and attend school regularly. Students need to make their own transportation arrangements when shopping at Clothes for Kids. Appointments are not needed. Shopping dates are 8/21/19-3/27/20. Please contact Leslie Brent, Student Support Advocate (425-385-6017) or Debbie Mehaffey, Counseling & Discipline Secretary (425-385-6010) if you are aware of a student needing this assistance.

Running Start Information

When you need to have Running Start forms signed, please schedule an appointment with your counselor. Please call Debbie Mehaffey at 425-385-6010 to schedule the appointment or contact your counselor. This will help you reduce your wait time to see your counselor. Please keep this in mind when you "drop in" as counselors have scheduled meetings and are also scheduled to do classroom presentations. Counselors have a designated number of students based on the alphabet to help keep their workloads equitable.

Laura King (A-Da)425-385-6024lking2@everettsd.orgDebbie Wade (Db-Hur)425-385-6021dwade@everettsd.orgRaj Kleckley (Hus-Mor)425-385-6023rkleckley@everettsd.orgSan Le (Mos-San)425-385-6022sle@everettsd.orgKim Taylor (Sao-Z)425-385-6025ktaylor@everett.org

Schedule Change Policy

Schedule changes will only be made for the following reasons:

- Needs to take a required course
- Inappropriate skill level/placement
- Lack of prerequisite
- Taken and received credit previously
- Failed subject with the same teacher
- Mechanical error

Schedule changes **will not** be made based on lunch, period, or teacher preferences. Your schedule reflects what you signed up for during spring pre-registration.

If you do not fit the above criteria, a schedule change cannot occur.

Schedule changes can only occur through the 5th day of each semester.

It is expected that if a student has a conflict with a specific teacher, he/she needs to meet with the teacher/parent/administrator to work out a solution to the conflict.

www.everettsd.org



CHS Student Schedule Corrections

When?

First 5 Days of Classes

Why?

These reasons ONLY:

- 1) I am missing a graduation requirement
- 2) I already got credit for this class
- 3) I don't have the pre-requisite or skill level for this class
- 4) I previously failed with this teacher
- 5) I want to add an AP or Honors course

How?

Online at the CHS Counseling Website: https://www.everettsd.org/domain/2025



When will I get my new schedule?

Check Gradebook each morning to see if you have a new schedule. Continue attending the class to which you were first assigned until you see the online change. All changes will be made in the order received. **Counselors will only notify students if the request cannot be accommodated.**

Counselors will only notify students if the request cannot be accommodated

www.everettsd.org



College Entrance Exam Dates 2019-2020

ACT TEST DATES

Register at www.act.org

Test Date	Registration Deadline	Late Fee Required (mail - phone)
September 14, 2019	August 16, 2019	August 17-30, 2019
October 26, 2019	September 20, 2019	September 21-October 4, 2019
December 14, 2019	November 8, 2019	November 9-22, 2019
February 8, 2020	January 10, 2020	January 11-17, 2020
April 4, 2020	February 28, 2020	February 29-March 13, 2020
June 13, 2020	May 8, 2020	May 9-22, 2020
July 18, 2020	June 19, 2020	June 20-26, 2020

SAT TEST DATES

Register at www.collegeboard.org

SATURDAY Test Date	Registration Deadline	Late Fee Deadlines (mail - phone)
August 24, 2019	July 26, 2019	August 6-13, 2019
October 5, 2019	September 6, 2019	September 17-24, 2019
November 2, 2019	October 3, 2019	October 15- 22, 2019
December 7, 2019	November 8, 2019	November 19-26, 2019
March 14, 2020	February 14, 2020	February 25-March 3, 2020
May 2, 2020	April 3, 2020	April 14- 21, 2020
June 6, 2020	May 8, 2020	May 19-27, 2020

SUBJECT	SAT	ACT
		ACI
Math	430	16
ELA*	410	14
Science	Not required for graduation	

- For those who qualify, the ACT & SAT exams are approved Graduation Pathways Options.
- ✓ Students who have attempted the SBA and have not met standard may qualify for an ACT fee waiver in 12th grade
- Contact the Assessment Success Coordinator for additional information.

^{*} Students must take the SAT with Essay or the ACT with Writing exams to generate ELA scores.



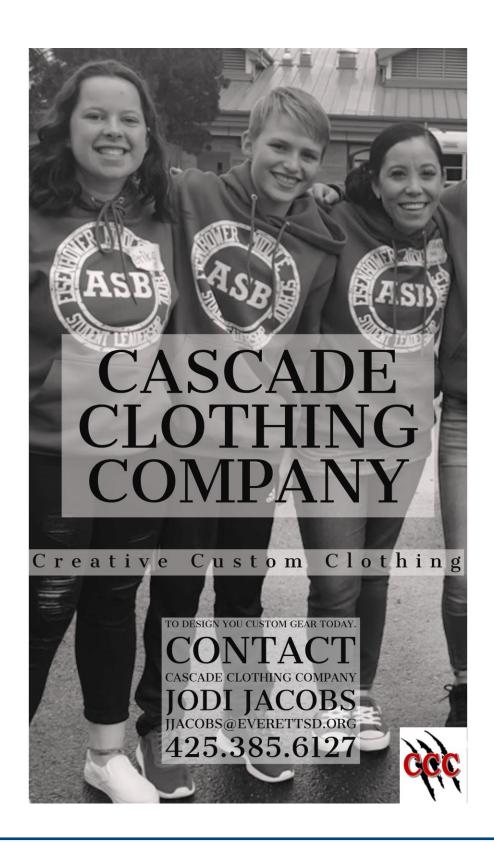


HIGH SCHOOL

SPIRIT WEAR

FOR MORE INFORMATION EMAIL: JJACOBS@EVERETTSD.ORG







Access to public records

District records are public records. Parents and other citizens have the right to ask to view or have copies of records defined as "public" under state and federal laws. These include parents' and legal guardians' student's records and records about discipline of school employees.

The district's finance and business services office handles public records requests. Request records by writing to that office at PO Box 2098, Everett, WA 98213, sending an email request to <u>publicrecords@everettsd.org</u>, or calling 425-385-4150.

New cell phone policy

The use of cell phones and personal electronic devices (PED) in the classroom can distract students from instruction, yet can be important to have accessible in case of emergency. With this in mind, the district has adopted a new personal electronic device <u>policy 3246</u> and <u>procedure 3246P</u> which will prohibit cell phone use in the classroom while still providing emergency access for students in case of emergency.

High school students who choose to bring cell phones and other PEDs to school may only use them during transition periods, at lunch, and before/after the school day. Students are expected to silence their cell phones and other PEDs before entering a classroom.

There is an exception for students having an IEP, 504 Plan, or Individual Health Care Plan (IHP) that includes specific accommodations for assistive technology, following the process outlined in the student's IEP, 504 Plan, or IHP.

Your student's records are confidential

Everett Public Schools is serious about protecting student records and privacy. The district uses multiple security measures to safeguard student transcripts and other education-related records. Only those teachers, administrators and other staff members who work directly with students (and have an educational need to know) have access to individual student records. Staff members are required to maintain confidentiality of all information in a student's records.

2019-20 Immunization Changes

On July 28, 2019 a new Washington State law went into affect that removes the personal and philosophical option to exempt children from the MMR (measles, mumps, and rubella) vaccine required for school and preschool. This law does not affect students with a religious or medical exemption. For more information please refer to Exemption to School and Child Care Immunization Requirements Quick Reference Guide.

Access your family's immunization information

To access your family's immunization information from the Washington State registry visit, sign up for MyIR to view, download and print your student's immunization records securely online. Once you register, you can access the records anytime you need them. You can print your child's Certificate of Immunization Status for school, child care and camp programs.



Four ways to stay in touch

At the bottom of every district webpage, you can sign up for <u>InTouch</u> announcements and school board meeting agendas highlights delivered to your email box twice monthly. You can also follow us on <u>Facebook</u>, <u>Twitter</u> and <u>Instagram</u>.









Mobile app

Families can <u>download the district mobile app</u> to easily access student information, grades, attendance, lunch balances, borrowed library books, calendars and more! Translate notifications and app functions into the language you prefer.





Attendance procedures

We look forward to seeing your child at school every day. Regular school attendance is important, and we will work with you to ensure your child is present to benefit from an excellent education. If your child is absent, please email the school at their attendance email address, which you can find on the school website.

If email is not possible, and even if you leave a message with the school attendance line, please send a written note to the school office within 30 days after your student returns to school.



ECEAP preschool is now enrolling for 2019-20

Everett Public Schools Early Childhood Education & Assistance Program (ECEAP) is a FREE preschool program for three- and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and includes family support and health and nutrition services. It is funded in partnership with Snohomish County Human Services and Washington State Department of Children, Youth and Families.

The five ECEAP sites within our schools are Garfield, Hawthorne, Lowell, Madison and Silver Lake elementary schools. Additional community locations are available. Space is limited – apply early! For an application or more information, please call 425-385-4628.

Capital projects updates

Thank you for making so many capital projects possible through the April 2016 Capital Bond! You can follow progress on those projects online at www.everettsd.org/capitalprojects.



Register to vote!

It's easy! You can register online at http://bit.lu/VoteRegistration or stop by your school office to pick up paper registration materials.

Student opportunities and activities eflyers

We use *Peachjar* to email approved flyers from community organizations to parents and guardians. Schools also post those flyers on their websites. Look for the Peachjar button in the *Quicklinks* section of your school home page to see those flyers. You can also register there to have those flyers delivered to your email address if you aren't already receiving them.



Kids in Transition program_{The Kids}

in Transition (KIT) program supports students who qualify as homeless under the federal McKinney-Vinto Homeless Act. Students without a fixed, regular, and adequate nighttime residence may qualify. The KIT program works to eliminate barriers to students' academic success and extra-curricular involvement. We ensure homeless students have school supplies and provide tutoring or help students join in extended day or summer school classes. We help students with the fees required take part in activities such as sports or clubs. KIT transports eligible students to maintain school stability, as long as the commute is feasible.

Last year, Everett Public Schools served over 1,100 homeless students at some time during the school year. For more information, visit the <u>KIT website</u> or contact Amy Perusse at 425-385-4032 or <u>aperusse@everettsd.org</u>.



Attention volunteers

Our schools rely on volunteers to support many important activities!

- We are digital! All volunteer applications and background checks can only be processed online.
- We are focused on safety! Each applicant requires background check and safety training.

Please plan ahead so your application can be processed in time for volunteer opportunities. The new application is now available online at <u>www.everettsd.org/volunteer</u>.

Backpacks for students in need



Do you know a family who might be in need this year? Stuff the Bus for Kids ensures each child in Everett Public Schools starts the school year prepared to learn. The EPS Foundation will deliver over 1,800 backpacks, filled with school supplies, and make them available to any Everett Public School student who may need extra assistance.

Students in need of a backpack, please reach out to your school to receive your supplies. Backpacks will be available for pick up at each school beginning August 28, the week before school.



Safety tip line

Do you or your student have a concern about someone experiencing bullying or harassment? Or have you perhaps heard a rumor about someone bringing a weapon or drugs to school? **Report it!** You can talk directly with your school's office or you can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods.

Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

3 easy ways

Text or call 855-637-2095



\$\tag{\text{http://1350.alert1.us}}



3900 Broadway Everett, WA 98201 425-385-4000 www.everettsd.org Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Affirmative Action Officer Randi Seaberg, rseaberg@everettsd.org, 425-385-4104
- Title IX Officer Mary O'Brien, MO'Brien@everettsd.org, 425-385-4106
- 504 Coordinator Becky Ballbach, rballbach@everettsd.org, 425-385-4063
- ADA Coordinator Becky Clifford, rclifford@everettsd.org, 425-385-5250